

Call Us First

Know where to go for the best treatment



Your Provider - Routine Care

To stay healthy see your provider for annual exams and screenings. Your provider knows you best. Conditions may include:

Physicals	Minor burns
Chronic conditions	Stomach ache
Vaccinations	Ear or sinus pain
Fever, colds and flu	Minor allergic reactions
Sore throat	



Call Us First - Urgent Care

Call us first at 319.730.7300. Our phones are answered *24 hours a day, seven days a week*; bilingual nurses available. **Same day appointments are available.** Conditions may include:

Migraines or headaches	Sprains or strains
Cuts that need stitches	Urinary tract infection
Abdominal pain	Animal bites



ER: Serious Conditions Only

For life threatening conditions, **call 911 or go to the nearest ER.** Follow up with your provider after your visit. Conditions may include:

Chest pain	Sudden or severe pain
Difficulty speaking	Fainting, dizziness, weakness
Shortness of breath	Uncontrolled bleeding
Seizures	Broken bones
Head or neck injuries	